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| **Wochentag** | **Inhalt** | **Level 1 >>**  **(Anfänger)** | **Level 2 >>**  **(Fortgeschrittene)** | **Level 3 >>**  **(Profis)** |
| **Montag** | Text, Text, Text |  |  |  |
| **Dienstag** |  |  |  |  |
| **Mittwoch** |  |  |  |  |
| **Donnerstag** |  |  |  |  |
| **Freitag** |  |  |  |  |
| **Besondere Hinweise:** |  |  |  |  |